

## Burgerville: Seasonal and Limited Time Offer Nutrition Data

28-Sep-10



Fresh • Local • Sustainable

| MENU ITEM                 | SERVING SIZE | CALORIES | FAT GRAM | SAT FAT GRAM | TRANS FAT GRAM | CARB GRAM | FIBER GRAM | PROTEIN GRAM | CHOL MILLIGRAMS | SODIUM MILLIGRAMS |
|---------------------------|--------------|----------|----------|--------------|----------------|-----------|------------|--------------|-----------------|-------------------|
| <b>LIMITED TIME</b>       |              |          |          |              |                |           |            |              |                 |                   |
| Echo Mountain Blue Burger | 244          | 600      | 36       | 12           | 0.5            | 41        | 2          | 29           | 90              | 660               |

### SEASONAL

|                              |         |     |    |     |   |     |    |   |   |     |
|------------------------------|---------|-----|----|-----|---|-----|----|---|---|-----|
| Sweet Potato Fries - small   | 2.25 oz | 170 | 8  | 0   | 0 | 25  | 3  | 1 | 0 | 95  |
| Sweet Potato Fries - regular | 7 oz    | 530 | 24 | 1.5 | 0 | 75  | 11 | 4 | 0 | 280 |
| Sweet Potato Fries - large   | 11 oz   | 820 | 36 | 2   | 0 | 116 | 16 | 7 | 0 | 440 |

|                             |        |     |    |    |     |     |   |    |     |     |
|-----------------------------|--------|-----|----|----|-----|-----|---|----|-----|-----|
| Pumpkin Milkshake - Small   | 12 oz. | 590 | 28 | 17 | 1   | 79  | 1 | 10 | 115 | 220 |
| Pumpkin Milkshake - Regular | 16 oz. | 750 | 31 | 19 | 1   | 109 | 3 | 13 | 130 | 240 |
| Pumpkin Milkshake - Large   | 24 oz. | 980 | 41 | 26 | 1.5 | 141 | 3 | 17 | 170 | 320 |
| Pumpkin Smoothie - Small    | 12 oz. | 340 | 0  | 0  | 0   | 72  | 1 | 8  | 0   | 180 |
| Pumpkin Smoothie - Regular  | 16 oz. | 420 | 0  | 0  | 0   | 91  | 2 | 9  | 0   | 210 |
| Pumpkin Smoothie - Large    | 24 oz. | 540 | 0  | 0  | 0   | 117 | 3 | 12 | 0   | 260 |

© 2010 The Holland Inc.



**Fresh > Local > Sustainable**

## **SEPTEMBER/OCTOBER LIMITED TIME OFFER ITEMS - ALLERGEN/INGREDIENT LIST**

### **LIMITED TIME OFFERS**

#### ***Echo Mountain Blue Burger***

Country Natural Beef Ground Beef: Ground beef derived from Country Natural Beef cattle only.

Rogue Creamery Echo Mountain Blue Cheese: Raw cow and goat milk, salt, enzymes, cultures and penicillium roqueforti

Onion Bun: Enriched unbleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin and folic acid). Water, sugar, yeast, vegetable oil (canola and/or soy), vital wheat gluten. Contains less than 2% of each of the following: salt, yeast nutrient (ammonium sulphate), dough conditioners (mono-di-glycerides, sodium stearoyl lactylate, ascorbic acid, monocalcium phosphate, azodicarbonamide), calcium sulfate, enzymes, calcium propionate (mold inhibitor), yellow onion flour, turmeric & annatto which impart color, onion, poppy seed.

Roasted Red Pepper: Red peppers, canola oil (low linolenic canola oil, TBHQ and citric acid added to protect flavor, dimethylpolysiloxane, an anti-foaming agent).

Red Pepper Aioli: Mayonnaise (Soybean oil, corn syrup, water, whole eggs, distilled vinegar, egg yolks, salt, spice, lemon juice concentrate.), lemon juice, roasted red pepper puree (red peppers, canola oil (low linolenic canola oil, TBHQ and citric acid added to protect flavor, dimethylpolysiloxane, an anti-foaming agent), garlic in oil (garlic, water, soy oil, and phosphoric acid, sodium benzoate, and potassium sorbate (to preserve freshness), salt).

Red Onions

Lettuce

**Allergens: Wheat, dairy, egg**

**Intolerances: Gluten, lactose, corn**

### **SEASONAL**

#### ***Sweet Potato Fries***

Sweet potatoes, high oleic canola oil, modified food starch (corn & potato), rice flour, dextrin (tapioca), salt, leavening (disodium dihydrogen pyrophosphate, sodium bicarbonate), dextrose, xanthan gum, yellow 5 & 6.

Mel-Fry Free Oil: low linolenic canola oil, TBHQ and citric acid added to protect flavor, dimethylpolysiloxane, an anti-foaming agent.

Salt: Salt, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda.

**INTOLERANCES: Corn**



**Fresh ▶ Local ▶ Sustainable**

### **Pumpkin Sauce**

Pumpkin Sauce: Sustainable pumpkin, sugar, spices

### **Pumpkin Milkshake**

Vanilla Ice Cream Mix: Milk, cream, sugar, corn syrup, buttermilk powder, whey, stabilizer (tetrasodium pyrophosphate, guar gum, and carrageenan), annatto (a natural color).

Vanilla Syrup: High fructose corn syrup, water, preservatives – benzoic acid and sodium benzoate, caramel color and artificial and natural flavors.

Whipped Cream: Pasteurized grade A Cream, powdered sugar, and vanilla flavoring

-with- Pumpkin Sauce

**Allergens: Dairy      Intolerances: Lactose, corn**

### **Pumpkin Smoothie**

Vanilla Nonfat YoCream®: Skim-milk, sucrose, corn sweetener, sweet whey, nonfat dry milk, modified milk protein, cellulose gum, guar gum, natural and artificial flavor, annatto color.

Contains the following live cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus.

Fat Free Milk: Fat free milk, vitamin A palmitate, Vitamin D<sub>3</sub> added.

-with- Pumpkin Sauce

**Allergens: Dairy      Intolerances: Lactose, Corn**